

MSHA Annual Refresher Training

This course is designed and set up to be in compliance with MSHA 30 CFR Part 46 for anyone working within or entering a surface mine. Surface mines include the following: sand and gravel pits, rock quarries, strip mining, dredging and highwall mining. This training is focused on providing highly impactful information and practical ways to mitigate hazards associated with surface mines

MSHA Plus OSHA Training

One nice aspect of doing the MSHA training with us, is that it also covers much or all of your OSHA required safety training at the same time. Now you don't have to do the MSHA class AND worry about when to do your OSHA training. This does not count towards and OSHA 10-hour training.

Training topics for New Miner and Annual Refresher training

- Intro duction to Mine Safety and Health Administration and training requirements.
- Statutory right of miners
- Instruction on safety and health aspects of mining
- Emergency procedures to include escape and evacuation plans
- Recognition and avoidance of basic electrical hazards
- Lockout/Tagout procedures
- Machine guarding
- Hazard Communication (MN Right to Know)
- Traffic patterns and controls
- Mobile earthmoving equipment safety
- Loose or unstable ground conditions
- Highwall safety
- Fire Prevention and Extinguisher use
- Water hazards, pits and spoil piles
- Illumination (night work)
- Accident prevention (SLAM risks)
- Personal protective devices
- Respiratory hazards and protection
- Silica exposure awareness and protection
- Materials handling and back injury prevention
- Fall protection
- First Aid and CPR/AED (non-certifying refresher)



Kevin Schutz *OHST, CIT*

Kevin Schutz is certified through the Board of Certified Safety Professionals as an Occupational Hygiene and Safety Technician and a Certified Instructional Trainer. He is also an Authorized OSHA Outreach Trainer for Construction. Known for his fun and impactful approach to safety training, he brings years of industry and practical experience to help employees create a safer work environment. Currently he works as the Environmental Health and Safety Advisor for the Zimny Insurance Agency.

TRAINING DETAILS

Training will occur from
8:00 am to 4:00 pm

Cost: \$75.00 per person
for Zimny clients

\$100.00 per person
for non-clients

**CONTACT KEVIN SCHUTZ
TO SET UP YOUR MSHA
TRAINING TODAY!**

kevins@zimnyinsurance.com
320-421-0095 *direct*
320-469-0630 *cell*



1103 Broadway St, Ste 100
Alexandria, MN 56308